



# February Stitching Challenge

Daily ideas to engage & inspire stitchers! Fill your February with more needlework!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Use hashtag #stitchaday to share your progress on social media!						1 Schedule a manicure and try a new stitching lotion! Self-care!
2 Call a friend on speakerphone and stitch while catching up.	3 Pick out your favorite color of thread today and incorporate it into your stitching project.	4 Turn off all digital devices for a hour today and just stitch. Enjoy focusing on one task!	5 Wake up early to watch the sunrise and enjoy some extra stitching time!	6 Shop for a new stitching project that reminds you of your hometown.	7 Ask a friend if they would like to learn to stitch.	8 Stitch something you can finish in a day.
9 Stitch in front of the fireplace or ASMR video on YouTube (as my daughter would call them oddly-satisfying).	10 No excuses, work on the part of your needlework you like the least today.	11 Be brave! Publicly share your needlework project on social media.	12 Work on a Christmas or Winter theme needlework piece today.	13 Stitch outdoors today! If it is cold, near a window, or in the car while waiting for soccer practice to finish.	14 Happy Valentine's Day! Listen to romantic music while stitching today!	15 Treat yourself to something needlework related that you've always wanted.
16 Tidy up your Needlework Area. Sort your stash and prepare a few projects for on-the-go.	17 Watch your favorite funny movie while stitching today.	18 Start journaling your stitching progress. It's a great way to remember your process and achievements.	19 Listen to a stitching podcast or flosstube (YouTube) show while stitching.	20 Stitch something new. We all get tired of working on the same thing. Start something new today!	21 Enroll in a stitching class or SAL. Meet other fellow stitchers and become better at something you enjoy.	22 Visit a local museum. Make time to see local artwork! Keep an eye out for needlework.
23 Plan a shopping trip to a local or not-so local needlework store.	24 Take the time to compliment three stitchers' work online, or even better, in-person.	25 Create an inspiration board or shopping wish list filled with your stitching goals!	26 Make a hot drink and stitch! Tea, Coffee, Apple Cider, Hot Chocolate, Mulled Wine, or Hot Toddy!	27 Learn a new stitch. Pick a stitch from a chart, library book, or YouTube and practice.	28 Look for a new, innovative stitching product that will make your stitching more enjoyable!	29 Leap-year extra day. <b>NO NEEDLEWORK TODAY!</b> Stitching is OFF LIMITS ...yeah, we never follow these challenges either!